



# Arena PE Long Term Overview

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Seals Class R	Leap in to Life Program & Yoga Autumn Term					
Seals Y1/2 Year A	KS1 Games Yoga	KS1 Games Football Yoga	KS1 Games Netball Gymnastics Basic Skills	Net and Wall Dance Dinosaurs	Striking and Fielding Cricket OAA	Striking and Fielding Rounders Athletics
Seals Y1/2 Year B	KS1 Games Yoga	KS1 Games Basketball Yoga	KS1 Games Hockey Gymnastics Stretching and Curling	Net and Wall Dance Animals	Striking and Fielding Cricket OAA	Striking and Fielding Rounders Athletics
Puffins Y3/4 Year A	Invasion Games: Tag Rugby Swimming	Invasions Games: Bas- ketball Gym: Flight	Yoga Dance: Shake Rock and Roll	Net/Wall: Tennis Yoga	Striking/Fielding Cricket OAA	Striking/Fielding Rounders Athletics
Puffins Y3/4 Year B	Invasion Hockey Swimming	Football Gym: Asymmetrical	Dance: Machines Yoga	Net/Wall: Tennis Yoga	Striking/Fielding Cricket OAA	Striking/Fielding Rounders Athletics
Dolphins Y5/6 Year A	Invasion Games: Hock- ey Swimming	Invasion Games: Tag Rugby Gym	Dance Yoga	Net/Wall: Tennis Yoga	Striking & Fielding: Crick- et Athletics	Striking & Fielding: Rounders OAA
Dolphins Y5/6 Year B	Invasion Games: Net- ball Swimming	Invasion Games: Bas- ketball Gym	Yoga Dance	Net/Wall: Tennis Yoga	Athletics Striking & Fielding: Crick- et	Athletics OAA